

# The Twelfth Tone

The American Guild of English Handbell Ringers, Inc. - Area XII California & Guam & Hawaii & Nevada

Volume XVIII Number 2

April-May, 2006

## FROM THE CHAIR

### **Dave Ruder**

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#### FRED'S THE MAN

GREAT DIRECTORS. One of the best features of an Area XII Conference is the opportunity to ring under the best handbell directors in the world. The 2006 Belmont Conference is no exception as our conductor, FRED GRAMANN, hails from the American Church in Paris, France.

FRED GRAMANN. You won't have to understand French to play under Fred's direction. He is a native of Washington State and earned his organ performance degrees at Syracuse University and University of Michigan. In 1972, he moved to Paris to study with two organ greats, Marie-Claire Alain and Maurice Durufle. In 1976, he became the Director of Music at the American Church where he plays on a 47 rank (3,328 pipes) Beckerath pipe organ. You most likely have met Fred through his published music, over 30 choral and handbell pieces published in the United States. We are delighted that he will direct one of his compositions at the Belmont Conference.

### WHAT CAN YOU EXPECT FROM FRED?

He is a SUPERB MUSICIAN. He is an outstanding conductor; he is a terrific organist; and, his compositions are top-notch. Since he knows the handbell instrument very well (associate director of Raleigh Ringers and directs two groups at his church), his musical comments are well focused and appropriate.

Fred has a WICKED SENSE OF HUMOR. It will often sneak up on you, as he will make a casual remark which seems to be part of the rehearsals comments, and then gradually the ringers will realize that he has made a pun or joke. Watch for that!

WELL PREPARED. You can be assured that Fred's rehearsal comments are well thought out. He often directs without music. He evaluates every rehearsal and comes back with ideas to advance the piece towards performance.

ACCESSIBLE. Although he will need some "down time" like all conductors, Fred is willing to discuss ideas more than music. It will not be hard to find him for a picture posing opportunity. You will usually find him around at meal time. When we had the opportunity to tour with Fred in France several years ago, he was often out there helping with the moving of equipment when necessary.

(Continued on Page 5.)

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### **NEW MEMBERS**

### New Members in January

Eilee M. Johnson Richmond, CA

Susan Cheung Mandarin Baptist Church of Los Angeles Alhambra, CA

Agnes Tan Home of Christ in Cupertino Cupertino, CA Ron Youngdale Good Shepherd Lutheran Church Turlock, CA

Mona Goetsch Bethlehem Lutheran Church Encinitas, CA

Gay V. Perney Paso Robles, CA

### **New Members in February**

Alette Prichett Hollister, CA

Rick L. Smith
First Presbyterian Church of
Burlingame
Burlingame, CA

## IN THIS ISSUE

# The Twelfth Tone April/May, 2006

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William L. Waggener, Editor

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Camera-ready advertising copy is due on the tenth of each odd-numbered month for publication in the following even-numbered month ( $e.\ g.$ , the deadline for the February/ March issue is January 10).

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### REGIONAL REPORTS

San Francisco Bay Area Report Carol Smith

bayarea@areaxii.org

With the arrival of Spring comes the promise of exciting times ahead for Bay Area ringers. One of the highlights of the musical year for a bell choir is attending a Spring Ring or handbell Conference. Over 200 have registered for the Bay Area Spring Ring in Cupertino on March 10<sup>th</sup>. Massed ringing will be under the direction of Martin Morley, Director of Music at Our Savior's Lutheran in Lafayette. The talented clinicians besides Martin are Mark Goldstein (percussion); William Kyle (Reading Sessions), Norma Rose (Maori Sticks), Dian Ruder (Pizazz in Performances and Coordination Skills) Michele Sharik (Basics and 4-In-Hand) Dave Ruder (Change Ringing and Ruder's Rhythms); Larry Sue (Bass Bells), Kathleen Hacker (Bell Maintenance).

Nine choirs participated in the Twelfth Annual Bay Area Handbell Festival at First Covenant Church in Oakland on Sat. Feb. 25, 2006. Under the direction of Stephanie Wiltse, guest clinician from Michigan, the mass choirs opened their concert with Arnold Sherman's rousing arrangement of Immortal, Invisible with Debbie Cherry on the magnificent Aeolian Skinner organ. It was evident Ms. Wiltse's eloquent guidance certainly inspired the ringers to grow and strive for musical excellence. In addition to the mass ringing, several choirs rang solo pieces as well as handbell soloist Michele Sharik. Velocity Handbell Ensemble brought the audience to their feet with Rondo A La Turca. The highlight of the evening was the closing number, Prelude and Passacaglia arr. by Michael Helman, with Debbie Cherry on the organ. This exciting piece literally sent chills down your spine! Thank you Dolores Rhoads and Pam Grove for organizing this wonderful day of ringing.

The Marching Handbell Choir, under the leadership of Caroline Harnly, is recruiting new ringers. This choir, which was originally formed to march in the 1987 Rose Bowl Parade, continues to march in three to four parades a year. In 2006, the group is scheduled to appear in the following parades: Murphys Irish Days Parade (March 18), Old Miners Day Parade (Big Bear early August), Harvest Festival Parade (Arroyo Grande; end of Sept.), and the Festival of Lights Parade (Los Altos; Sunday evening Rehearsals are on the third after Thanksgiving). Saturday morning of each non-parade month and are at various locations around the San Francisco Bay In 2006, the rehearsals will primarily be at Hope Lutheran Church in Santa Clara. For more information, contact Caroline Harnly charnly@sfsu.edu.

All Saints Catholic School, Hayward will host the Bay Area School Handbell Festival on April 6, 2006. Barbara Walsh, Regional Coordinator for Nevada, will be the guest clinician. Contact Steve Meyer at

ggbcbr@aol.com for more information.

Many Bay Area Choirs are preparing for Spring Concerts. The Ringing Belles and L.V.s of the Walnut Creek UMC will present their 28th Annual Concert on May 21, 2006 at 3:00 p.m. at the Walnut Creek UMC, 1543 Sunnyvale, Walnut Creek. Theme this year is "Bells Plus"- All selections will feature unique supporting cast of instruments. Sonos will present their American Tints program on April 7, 2006 at Old First Church, 1751 Sacramento St., San Francisco. Canto Bello, a Clayton Community Choir, will welcome Heartsong, a women's vocal ensemble, as guest at their June 4th concert at 3 p.m. at the Clayton Valley Presbyterian Church, 1578 Kirker Pass Road, Clayton. Velocity Handbell Ensemble will also be giving some concerts in the area following their tour to Southern CA and the Northwest. Time and location to be announced. Golden Gate Bellringers will have their annual Bell Spectacular Sunday April 2 at 7 p.m. Location to be announced. In addition, they'll be performing at Saint Vincent de Paul Church, 2320 Green Street, SF, in concert on May 21, 2006 at 2:00 p.m. Handbell soloist, Ruben Mendoza, will officially debut his new set of handbells in a solo concert on Sunday April 30, 2006 at 3:00 So there are lots of opportunities for you to hear some excellent choirs in the next few months and to support them with your presence.

#### Los Angeles Metropolitan Region Shirley Heckman lametro@areaxii.org

The ENSEMBLE WORKSHOP, a new event in the LA Metro Region, was held in Claremont on February 11 with Lee Waggener as clinician. After learning some basic movements, the fourteen participants were divided into four quartets plus one duet and had a great time ringing from hymn and piano music.

The 3rd annual LA METRO SPRING RING will be history when you are reading this article, but in the future as I am writing. On March 18, approximately 100 ringers and directors from 10 handbell choirs will ring together under the direction of Bill and Lee Waggener at the Grace Church of Glendora, Glendora, CA. The entire group will ring three pieces en masse, and will divide equally into two groups (Division A and Division B) to ring one piece each. A concert for the public will be given at 3:30 pm.

As I write, sixty ringers from five choirs are registered for the 2<sup>nd</sup> annual INLAND EMPIRE SPRING RING to be held at the All Saints Episcopal Church in Riverside on April 29 with Lee and Bill Waggener as clinicians. The free concert for the public is scheduled for 3:30 pm. Information and the registration form is available on the LA Metro home page of the Area XII website: www.areaxii.org and the contact person is Jean Will, rsandjt@juno.com.

### REGIONAL REPORTS, continued

Looking towards Fall, two RINGERS' WORKSHOPS have been scheduled. On September 30, Nick Hanson will be the clinician at the Neighborhood Church in Pasadena; and on October 14, Bill Waggener will be the clinician at the United Church of Christ in San Bernardino. For both workshops, participants will purchase but not learn the Level 1 and 2 music prior to the event. More information will be available in the LA Metro Handbell Newsletter. If you wish to receive this email newsletter containing news of local events, please send a note to lametro@areaxii.org.

The VELOCITY HANDBELL ENSEMBLE is coming to the LA Metro Region! This exciting quartet will present concerts on April 1, 7:30 pm, at Concordia University in Irvine and on April 2, 3:00 pm, at the Church of the Brethren in La Verne. Don't miss this opportunity to hear an outstanding handbell ensemble!

### Southern California Report Micki Mennet-Martin soca

socal@areaxii.org

March 18, 2005 brought Southern California's Third Annual Spring Ring. Area Chair-elect and Bay Bells Director, William Kyle was guest clinician for Southern California's third annual Spring Ring 2006. Because the deadline for Twelfth Tone articles and it's going into the mail are on either side of this event, a review of 2006's Spring Ring will appear in the next Twelfth Tone. Look for it - you may see your name there! Our fourth annual Spring Ring will be held at the Village Community Church in Rancho Santa Fe on April 21, 2007. Participating handbell ensembles will be invited to ring solos during the afternoon concert portion just as they are this year. See Coming Events for contact details and information.

September 9, 2006 - Nancy Jessup will direct a one day Level 1 and II workshop a day of ringing designed for the Level's 1 and 2 ringers. This event is designed partial individuals, whole and Assignments will be given out on arrival ~ no advance preparation will be needed. Handbell techniques, articulations, identifying melody lines and rhythm exercises and accomplishing musicality are emphasized as we ring through the day's our selections. Location: Mira Mesa Presbyterian Church. See Coming Events for details.

April 22, 2006 - Susan Ullom-Hungerford and the South Coast Handbell Ensemble will be offering a Bass Bell Workshop with Jennifer Fry from Columbus, Ohio. Location: TBA - in the Irvine area, Time 10:00am - noon For information call Susan at (949) 470-0420.

June 10, 2006 San Carlos UMC will be celebrating

their 25th annual Handbell Concert. Paula Palmer has directed this handbell program since its very beginning. The concert will be at the San Carlos UMC, 6554 Cowles Mountain Blvd, San Diego, CA 92119. The church is north of La Mesa and nearly between La Mesa and El Cajon. The ringers would love to have other handbell ringers come for the concert and share in this special event.

October 21, 2006 DIRECTORS WORKSHOP. The emphasis of the day will be "COMMUNICATING WITH YOUR RINGERS". Musicality in directing and ringing, what does your directing tell your ringers, how to help your musicians ring their best, helping them respond to and produce music. Lee is a great teacher. This will be a good workshop. Location: Mira Mesa Presbyterian Church near the Scripps Ranch area of San Diego.

Those of you who know Tim Waugh and those of you who know of his wonderful classes and handbell compositions will be interested in checking on his progress since the kidney replacement. Check out his blog at http://kronikles.blogspot.com.

Please send me news of your handbell programs events ~ we would like area ringing events included in the Area XII Twelfth Tone, Southern California Regional e-newsletter and at other events open to announcing them. Send copy information to Micki Mennet-Martin, socal@areaxii.org.



# Central California Report Shirley Werner cencalif@ar

cencalif@areaxii.org

Here we are, it's Ash Wednesday, the season of Lent.

Most of the bell choirs I know about are busy, busy, preparing for their Spring Rings. I know I am and it will be an exciting day. While not all registrations are in as yet, it does look like we'll be hosting around 100 ringers. I try to get things done well in advance but I guess last minute details pop up no matter how well prepared you try to be.

Since the deadline for **Twelfth Tone** articles is before my Spring Ring, I'll have to wait until next time to fill you in on our day.

March 25th will be the Bakersfield Spring Ring with Bill Waggener as the clinician. It will be held at St. John's Lutheran Church, 4500 Buena Vista Road, Bakersfield. I'm looking forward to being at the concert and hope to see and meet other handbell world ringers.

One happening you should mark on your calendar will happen April 30, 2006, at the People's Church in Fresno. The Bells of Praise, will be presenting a 20th Anniversary Concert. As soon as I receive more

### REGIONAL REPORTS, continued

detailed information, I'll send out a special email, and it will be included in my April eNewsletter.

There's a lot happening in the world of Handbells, so do check the listing of events in *The Twelfth Tone* and on the Area XII Website.

### Northern California Report Diane Levorsen noca

nocalif@areaxii.org

At the end of January, I was asked to do some work with bells at a senior center in Napa. I was told they had bells sitting in a closet. When I went to look, they had six boxes of colored "toy" bells. I worked one week with them making chords with our 8 notes, and half way through thought of the chimes! I knew I didn't want to haul bells and pads and covers and gloves each week, but I could carry the chimes easily. We had 8 ringers at our last rehearsal that they are thrilled with the

sound! We've talked about a field trip to my church so we could ring the bells, and a couple of them will be coming to church to hear my choir on Sunday.

We have lots of typical senior problems, so we sit instead of stand. We also have several with vision problems, so I have developed a "grid" with boxes for each measure and large letters of their notes written out. This is not ideal, but it does give them a huge sense of accomplishment. On a legal note, I do have multiple copies of the actual music, so I hope we're not in any violation of copyright laws.

There's a saying in Zimbabwe:

If you can walk, you can dance; if you can talk, you can sing.

Music is essential and so easy to share!

# AREA XII YOUNG RINGERS' CONFERENCE

A fascinating, fun event awaits your young ringers at the handbell conference at Notre Dame de Namur, Belmont next June 22-23. Massed ringing, fun



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classes to increase interest in bell ringing and improve handbell and rhythm skills will abound. Youth may live on campus in dorm rooms, experience college meals in the cafeteria, enjoy pizza and ice cream events, make friends with other handbell groups and bond together as a team as they share together.

All this will be led by wonderful clinicians, experienced with young ringers. The massed ringing and special classes will be led by Shosh Meyers, who was the former national youth handbell coordinator.

Notre Dame de Namur is located on a beautiful hilly campus a short one mile from the city of Belmont. The entire event, room and board, is less than \$100. Commuter rates are considerably less.

Early registration will help us determine the number of class sessions offered as Area XII endeavors to keep the classes small. All the registration information can be secured by going either to the Area XII website: <a href="www.areaxii.org/Conf06conf/06Conferenceindex.htm">www.areaxii.org/Conf06conf/06Conferenceindex.htm</a> or contacting: <a href="dianruder@comcast.net">dianruder@comcast.net</a>.

### FROM THE CHAIR, continued

I am looking forward to ringing under Fred's sensitive directing again. I know that Area XII ringers and directors will enjoy some of those same emotional highs that skilled conductors can bring to a musical performance. The audience will love it as well. See 'ya there. - Dave Ruder



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### **NEW RELEASES**

Allegretto from Symphony No. 7 (LA HB1124)

Beethoven, arr. Watanabe, 3-5 oct, L3+

Danny Boy (FL HB293)

Arr. William Gross, 5 oct, L3

**Doll's Funeral March** (FL SB417)

Tchaikovsky, arr. Benton, chimes 2-3 oct, L2+

Fanfare for a Celebration (NMHB609)

Lee Afdahl, double choir

Choir 1 = 4-5 oct, choir 2 = 2-3 oct

Largo from "The Four Seasons" (LA HB1047)

arr. Jergenson, 3 oct chimes & 5 oct bells, L3

The Old Mayflower (FL HB287)

Fred Merrett, 2 oct, L2

A Processional to Worship (LA HB1120)

Arr. Michael Cox, 5 oct, L3

Serenade (FL SB416)

Schubert, arr. Benton, chimes 2-3 oct, L2

Silent Worship (FL SB415)

Handel, arr. Benton, chimes 2-3 oct, L2

St. Anthony Chorale (FL SB414)

Haydn, arr. Benton, chimes 2-3 oct, L2

Triumphal March (FL SB413)

Grieg, arr. Benton, chimes 2-3 oct, L2+

We Three Kings of Orient Are (FL HB285)

Arr. Moats, 3 oct, L1+

We Three Kings of Orient Are (FL HB288)

Arr. Moats, 2 oct ensemble edition

Waltz (FL SB412)

Brahms, arr. Benton, chimes 2-3 oct, L2

### PRESERVING THE PAST

Did you know that we were given The U. C. Berkeley Medal in 1980? On the back is inscribed:

"University of California Berkeley Honors American Guild of English Handbell Ringers who serves the music of the bells."

Did you know we have the only B# ever manufactured?

Our history is important, and I am looking for a few things that are missing:

Photos/Shirt from Visalia 1986

Photos/Programs from San Diego Directors' Convention 1989

Shirt from Sacramento 1990

Framed Assembly Proclamation presented at Sacramento in 1990

Photos/Programs from San Mateo Directors' Convention 1991

Photos/Shirt/Program from Long Beach National Conference 1991

Programs from Hawaii 1992 (both sessions)

Any information from "Straight from the HeART 1995" – workshops with Hart Morris

Photos/shirt and programs from Visalia 1994

We will have a colorful display area at Belmont, and I am making a scrapbook that you will want to see!

Please let me know if you have any of the above items that you can donate to Area XII.

Diane Levorsen
<a href="mailto:historian@areaXII.org">historian@areaXII.org</a>
313 Patty Way
Napa, CA 94558



### **CONDUCTING ISSUES FOR THE HANDBELL DIRECTOR**

### #6 - Enhancing Listening Skills

The more highly developed a ringer's auditory mode, the better he or she will be able to hear where his/her part fits within the rest of the music, yet in most people, the auditory mode is <u>not</u> their dominant intellectual input. Consequently, we as directors should do anything and everything we can to strengthen that mode in our ringers. The exercise list is limited only by your imagination, but below are some things you might try. Results may well be slow in coming, but the ultimate reward to your handbell program will be immense.

**Ringing Scales** - Hearing where a ringer's two bells fit within a scale passage is immensely important for ringing smooth, flowing lines. Have each ringer pick up his/her appropriate bells within any key (major, minor, or modal - it doesn't matter for this). In a relatively slow 4/4 pattern, ring quarter-notes from the lowest note in the ringers' hands to the highest then back down. Initially, encourage ringers to watch their neighbors' hands as the line approaches their own position so the visual mode is supporting the aural experience. Then, after increasing the tempo and when the scale line seems to flow without hesitation, ask your ringers to close their eyes and repeat the exercise. Expect the first attempts to be jarring, but gently - but firmly - overcome any resistance! As needed, slow the tempo to the point that everyone can succeed, but over time increase the eyes-closed tempo until your ringers can match their eyes-open speed. The point is to develop listening skills that function independently from visual skills; ideally, your ringers should ultimately be able to hear what's coming while simultaneously reading the notation of their own parts.

Rhythmic Dictation - Anyone who ever took Music Theory 101 has fond memories of this. The goal of this exercise is to be able to hear a (pitchless) rhythmic pattern and then write it down in proper notation. The complexity of your starting point should be less than where you think your ringers are so they experience only success from the beginning. Start with relatively simple four-beat patterns (quarter-, half-, and whole-notes and rests) of 1-2 measure in length, repeating the passage as required for everyone to get it. Gradually increase the length and complexity of the patterns, and ultimately consider asking volunteers to write the notation of their "answers" on the board as one way to confirm their accuracy.

Rhythmic Practice - The reverse of dictation - clapping/verbally counting a written rhythmic passage - is the other half of this skill and is exactly what your ringers must be able to do to sight-read music. The better developed their rhythmic listening and reading skills, the more difficult the music your ringers will be able to perform. Several handbell

suppliers carry sets of cards (about 4" high by about 12-15" long) with preprinted rhythmic patterns of varying levels of difficulty and usually in four-beat patterns. At first, set a reasonable tempo and have the group clap or count or clap and count the rhythmic pattern on each card individually. long-term goal is to be able to set a tempo, hold the first card up for one silent measure while the ringers read and process its pattern, then clap/count that card's pattern while reading and processing the next card as you flip randomly through the stack. Less musically experienced ringers may have great difficulty with this at first; they also are the ringers who typically process and ring each note as it is supposed to happen and are caught flat-footed by accidentals, key changes, and the like - even after extensive rehearsal. The related skill in rehearsal and performance you are trying to develop is to be able to read and process the notation ahead while performing the music of the moment so the ringers encounter few if any surprises. In a nutshell, this is what skilled sight-reading is all about.

**Melodic Dictation** - The next step after learning to hear rhythmic patterns is to add pitch to the exercise. Melodic dictation will support your ringers' ability to "hear the notes" while reading the notation. How many ringers have <u>you</u> had who asked you to sing the melodic line of a piece in order to recognize what they're about to start rehearsing - again?

Working in the context of your repertoire - Little in music happens in isolation, so using material from the music your group is working on only makes sense. For example, although rhythmic practice is most easily set up by simply buying a set of cards, you should also use rhythmic patterns in the music, particularly after you have worked on your ringers' rhythmic skills for a while. If you discover a particularly wicked rhythmic phrase that is giving one of your ringers difficulty, use that pattern as a warm-up reading exercise for the entire choir and then start your rehearsal with that piece. Not only will the affected ringer be assisted, the whole choir will have mastered that intricate rhythm as well. Similarly, rather than ringing scales, ring in isolation the melodic line of a piece you are learning - first with eyes open, then with eyes closed.

None of these suggestions is intended to consume more than a few minutes of your precious rehearsal time. Given the pressures to perform that drive most programs, it often is easy to consider ear-training exercises as an ill-afforded, time-consuming luxury. However, the long-term benefits of even a minimal exposure to aural development exercises have such a broad impact on the success of any program that we all should deliberately schedule *something* for every rehearsal. What you get in performance is a direct reflection of what you accomplished in rehearsal. - William L. Waggener



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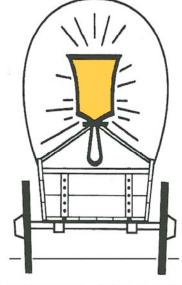
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January 6-13th, 2007

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### **RUDY'S ROOST**

# Tips and Tricks - The Four Temperaments Part 4: How the world FOLLOWS a Choleric!

The classic image of a Choleric is the Captain, holding high the battle standard, charging ahead while shouting, "Follow me!" Oh, how the world needs the choleric!

Collier Choleric is a man of decision, a man of action, a born leader. He can take charge of anything and run it well, by organizing it, delegating the work and moving forward by example. People love to follow a leader who will show them the way. No matter that Collier Choleric may not have all the facts or may be a bit too quick with his decisions.

He is willing to take a risk and blaze the trail; therefore others follow.

Collier is an excellent leader because he can see "The Big Picture" without getting bogged down in the details. He exudes confidence. He is not easily discouraged. In fact, he conflict problems because he loves the challenge of the Right finding Funny thing Solution. is, he usually finds it.

Of course, Collier Choleric can only lead if others follow. This

requires certain people-skills on the part of Collier, which is not his strong suit. In short, he sometimes "uses" and dominates people. Collier is so goal-oriented that he rationalizes that "the ends justifies the means". Therefore, if someone has to "kick some booty" then he is willing to do that for the sake of attaining "The Goal." Consequently, most cholerics do not have many friends. Small wonder. It truly is lonely at the top for Collier Choleric.

Collier Choleric was born a leader. If you doubt that, go to any school or even a pre-school and watch the groups of kids. There will always one child in each group "in charge." When he or she says, "Let's go over there," or "Let's play jump rope," all the other children accept that unquestioningly and they all go and do what the choleric said to do. Adult cholerics can be a bit more subtle, but you can still spot them. If a group is walking down the sidewalk, the Choleric will be in front or in the middle of the group. When a choleric speaks, even E.F. Hutton listens.

In the work place, Collier Choleric is The Go-To Guy.

Do you have a project that needs to be done? *Go-To* Collier. He will get it done. Got a problem that needs a quick solution without over-analyzing it? *Go To* Collier. He will come up with a practical solution before the next coffee break. Many of your most successful engineers are cholerics.

Lest you feel Collier Choleric is too perfect, let me assure you that he does have his flaws. He can be very strong-willed. Read "stubborn" there. He likes opposition and conflict, but he *LOVES* a good argument. Collier tends to hold his emotions in check most of the time, so consequently he appears to be unsympathetic and "cold." And finally, it is VERY hard for Collier Choleric to say, "I'm sorry."

So, do you need a Collier Choleric in your bell choir? Hmmmm . . . Maybe one.

Every organization needs a leader. Collier Choleric can do the job, and do it well. If he is also the choir director, no problem. If he is not the choir director, can he work with the director? The saying about roosters is also true about cholerics, you can't have more than one in the barnyard. Or else.

Every Bell Program needs a Collier Choleric to run it efficiently. Collier will organize it, divvy up the

work assignments into manageable pieces and delegate them to the people best suited to each assignment. Collier can set goals for the group and lead the effort in attaining those goals. Collier is willing to take risks. Sure, we can tour Moscow for three weeks. When did you want to leave? And he is strong-willed enough to keep going when the going gets tough.

Alas, don't expect Collier Choleric to be the most popular guy in the bell choir, Sandy Sanguine already has that job. Who wants to be friends with the guy who is always pushing us?

But remember, without a leader, the sheep scatter.

Next time, we are going to relax with our good friend, Faye the Phlegmatic. Until then, keep your powder dry and your bells shiny. - Rudy Rodriquez

Pithy saying for the day:

"Without wise leadership, a nation is in trouble."

Proverbs 11:14a TLB

# SANGUINE The Talker CHOLERIC The Doer

The Doer
The Born Leader

Strengths

Dynamic & Active Strong-willed & decisive Independent & self-sufficient Goal oriented Can organize & run anything

### Weaknesses

Bossy & Comes on too strong Impatient & Can't relax Enjoys a good arguement Can be unsympathetic Tends to use & dominate people Does not have many friends

The Watcher
The Good Listener

The Smiling One

The Analyst The Serious Pessimist

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**Human Temperaments** 

### **GETTING (LESS OF) A GRIP ON YOUR CHIMES**

Last month's article was about "getting (less off) a grip on your bells". The general idea was to allow the bell to rotate to make the clapper strike while minimizing the amount of flexion in your wrists. If you'll recall, this is done by allowing a fair amount of play in the ring and little finger parts (i.e. the bottom half) of your grip on the handle.

This also is true of chimes. While they're considerably lighter than bells of the same pitch, repeated "wrist snapping" still puts a repetitive strain on the smaller muscles and the dozen or so bones in and around each wrist. This makes a case for learning a proper ringing motion, because fractures at best horribly inconvenient, tendinitis is downright impairing, and arthritis is forever (well, unless you can afford to get a joint replacement...).

The main problem I've seen is that there's a tendency to play a chime by grasping it at the bottom and to play it as if you're casting a fly for a trout to gobble up. This, of course, is all you can do with chimes in the upper 6's and above - that's because there's barely enough chime for even a young ringer to grasp!

The problem with holding chimes at their bottom ends shows up when the chimes are about eight inches or longer. Having a longer lever arm so much of the chime above the hand results in the force of the leverage being applied to the wrist - that's contrary to the idea of using your wrists as connectors rather than fulcrums! In addition, there are the additional disadvantages of 1) additional force on the chime tines which count potentially shorten their useful life, and 2) a longer playing motion, which usually results in rhythmic inaccuracy. The issue truly comes to a head with bass chimes. They're the hot new thing on the scene (ever try out a C2 chime? It's really cool...) because they're affordable and emanate a much "bassier" sound than the corresponding bells. However, I've seen people playing C3 (a 30" chime) by holding at the end, and I truly fear that they're going to hurt themselves (the "rhythmic inaccuracies" I cited above are also there in abundance. too).

So, what do we do?

1) First, grasp the chime immediately under the noteblock. For really small chimes, this will be identical to the "bottom end" location because they're so small. For larger chimes, this will be at or even above the center of mass of the chime, which means

that the chime will stay vertical on its own, thereby relieving you of managing that issue.

- 2) Use the "sword grip" (firm, but not tight, thumb, index and middle fingers; loose-ish ring and little fingers) to hold the chime.
- 3) Ring chimes as you would bells a la "sword grip". For larger chimes relative to your size! this should be modified to be a "push-pull" action: Push the chime away from you, and then pull it back rather sharply to bring the clapper into the tine facing you. These playing (say, do we still use "ringing" to describe what we do with chimes?) motions:
  - result in minimal strain on the hands, wrists, and forearms,
  - keep the chimes upright, allowing more of the sound to go toward the audience, andtend to be short and brisk, improving rhythmic accuracy.
- 4) Want a little more "oomph" with bass chimes? With this motion, you can also get a little more out of your chime by allowing the bottom end to come up against your forearm as the clapper strikes. Don't do this too vigorously, however every now and then we hear reports of chimes cracking from the application of too much force.

One more thing (I can't resist adding "one more thing"...): There have been varying opinions about where to put bass chimes, mostly because we're still experimenting. C3 and up fit well on the table, though you have to exercise some care to keep them from hitting other things, and F#2 and below must necessary go in a chime rack because they're just too big to be "push-pulled" (the ones from Malmark don't have clappers, anyway). G2-B2 are the ones about which opinions vary. Some people are comfortable putting them on the table - but if you do, be sure to reach forward and pick them up near the noteblock for the reasons above. My preference is to lean them against the front of the pads. and then to reach down and bring them up to playing position - but this makes many taller people bend over more than they'd like, and also requires a little extra strength because you're lifting them farther. G2-B2 can also be put in a chime rack, but you need to account for how many of the 4x6s and 2x4s you're going to need. If you have another solution, I'd love to hear it! - Larry Sue Choraegus ShareMusic - http://www.choraegus.com/ - larry@choraegus.com

# **COMING WORKSHOP EVENTS**

			All Saints' Catholic		
Bay Area School Handbell Festival	April 6, 2006	Barbara Walsh	School 22870 Second Street Hayward, CA	\$5.00 per ringer	Steve Meyer ggbcbr@aol.com
Bass Bell Workshop	April 22, 2006 10:00 am to noon	Jennifer Fry			Susan Hungerford susanintoknow.com
Inland Empire Spring Ring	April, 29 2006	Lee and Bill Waggener	All Saints Episcopal Church 3847 Terracina Drive Riverside, CA	\$15.00 per person (\$20.00 per person for nonmembers) includes lunch	Jean Will rsandjt@juno.com
25th Annual Rogue Valley Handbell Festival	May 5 and 6, 2006	Kevin McChesney	North Medford High School Medford, Oregon		Marcy Winter marcywinter@budget.net
Sierra Spring Ring	May 6, 2006		Carson Middle School 1140 W. King Street Carson City, NV		Barb Walsh nevada@areaxii.org
Fourth Annual High School Handbell Festival	May 16, 2006 3:30 - 9:00 pm Concert at 7:00 pm		St. Matthias High School 7851 E. Gardendale Street Downey, CA	\$5.00 per student (includes meal)	Karen Curry education@areaxii.org Fran Johnston fjohnston@stmatthiashs. org
Young Ringers' Festival	May 23, 2006	Jim Smith	South Reno United Methodist Church 200 De Spain Lane Reno, NV	\$1.00 per young ringer	Barb Walsh nevada@areaxii.org
Area XII Young Ringers Conference	June 22 - 23, 2006	Shosh Meyer	Notre Dame de Namur University Belmont, CA	On-Campus: \$95 Commuter: \$65 Chaperone On- Campus: \$75 Chaperone Commuter: \$45	Dian Ruder <u>dianruder@aol.com</u> www.areaxii.org
Area XII Ringers Conference	June 23 - 25, 2006	Fred Gramann	Notre Dame de Namur University Belmont, CA	On-Campus: \$265 Commuter: \$205 Chaperone On- Campus: \$155 Chaperone Commuter: \$95	Dave Ruder <u>daveruder@comcast.net</u> <u>www.areaxii.org</u>
AGEHR 2006 National Festival Conference	June 23 - 25, 2006	Hart Morris William Payn	Dayton Convention Center Crowne Plaza Hotel Dayton, OH	\$185.00 before May 1, 2006 \$215.00 after May 1, 2006	(800) 878-5459 assistant@agehr.org http://www.agehr.org/le arning/festival.asp#forms
National Directors' Seminar	July 12 -15, 2006		Milwaukee, Wisconsin		http://www.agehr.org
Concordia Summer Ring	July 26 - 28, 2006	Dr. Herbert Geisler, Nancy Jessup, Nick Hanson, and Debbie Rice	Concordia University Irvine, CA		Concordia Handbell Office (949) 854-8002, Ext. 1522
Zephyr Point Handbell Conference	July 30 - August 3, 2006	Mary Balkow and Bill Alexander	Zephyr Point Presbyterian Conference Center Zephyr Cove, NV		zephyr@zephyrpoint.org
International Handbell Symposium XII	August 1-5, 2006		Brisbane Convention Center Brisbane, Queensland Australia	AU\$950.00	www.ihs2006.org or www.agehr.org
Read and Ring Levels 1 and 2	September 9, 2006	Nancy Jessup	Mira Mesa Presbyterian Church 8180 Mira Mesa Blvd. San Diego, CA	Members: \$40.00 (includes registration and music) Nonmembers: \$50.00	Micki Mennet-Martin socal@areaxii.org
Directors' Workshop	October 7, 2006		Trinity Lutheran Church Paso Robles, CA		Shirley Werner shipley712@charter.net
Ringers' Workshop	October 14, 2006	Bill Waggener	First Congregational - United Church of Christ 3041 N Sierra Way San Bernardino, CA Point Loma		Shirley Heckman lametro@areaxii.org
Directors' Workshop	October 21, 2006	Lee Waggener	Presbyterian Church 2128 Chatsworth Blvd. San Diego, CA	\$30.00	Micki Mennet-Martin socal@areaxii.org

# **COMING PERFORMANCES**

Event	<u>Date</u>	<u>Location</u>	Cost	Contact Information	
Velocity Spring Concert	April 1, 2006	Concordia University Irvine, CA		www.velocitybells.org	
Velocity Spring Concert	April 2, 2006 at 3:00 pm	La Verne Church of the Brethren 2425 E Street La Verne, CA		www.velocitybells.org	
Cathedral Bells in Concert	April 2, 2006 at 4:00 pm	St. John's Lutheran Church 185 S. Center Street Orange, CA	Free Will Offering	Ramona Miller <u>brmiller2@cox.net</u> (714) 633-3034	
Golden Gate Boys' Choir and Bellringers Annual Bell Spectacular	April 2, 2006 at 7:00 pm	TBA			
Sonos' "American Tints"	April 7, 2006 at 8:00 pm	Old First Church 1751 Sacramento Street San Francisco, CA	\$15.00/\$12.00/ \$6.00	http://www.oldfirstconce rts.org/tickets.html	
Concordia Handbell Invitational Concert	April 22, 2006 at 4:30 pm	Concordia University Center Irvine, CA  \$8.00 general/\$6.00 students and seniors		(949) 854-8002 Ext. 1525 <u>handbells@cui.edu</u>	
Velocity Spring Concert	April 29, 2006	South Bay Area		www.velocitybells.org	
Bells of Praise 20 <sup>th</sup> Anniversary Concert	April 30, 2006	People's Church Fresno, CA			
Ruben Mendoza in Concert	April 30, 2006 at 3:00 pm	Lafayette-Orinda Presbyterian Church 49 Knox Drive Lafayette, CA	Free Will Offering	www.lopc.org	
Velocity Spring Concert	May 13, 2006	Our Savior's Lutheran Church Lafayette, CA		www.velocitybells.org	
Golden Gate Boys' Choir and Bellringers Annual Bell Spectacular	May 21, 2006 at 2:00 pm	Saint Vincent de Paul Church 2320 Green Street San Francisco, CA	Free Will Offering	(510) 887-4311	
28 <sup>th</sup> Annual Handbell Concert	May 21, 2006 at 3:00 pm	Walnut Creek UMC 1543 Sunnyvale Walnut Creek, CA		Jane Patty janeepatty@aol.com	
Velocity Spring Concert	June 3, 2006	Walnut Creek, CA		www.velocitybells.org	
Canto Bello Spring Concert	June 4, 2006 at 3:00 pm	Clayton Valley Presbyterian Church 1578 Kirker Pass Road Clayton, CA Free Will Offering		carolsmith2@comcast.net	



### IMO: REMEMBER THE PAST, A TRIBUTE

"1756." Sounds like the title of a musical about the beginnings of our country. Perhaps if the dates "1756 to 2006" were presented you would be able to figure it out. Yes, this is the year that we celebrate the 250th birthday of W. A. Mozart. Soloists, chamber ensembles, orchestras, choral groups and radio stations all over the classical world are planning and playing musical works as part of their dedication and celebration of this great composer's contributions to the repertoire.

IMO, handbell directors and ringers should be planning to perform some music of the genius Mozart as well. Most likely you did not play any of his bell music 50 years ago at the 200 year celebration, and there is really no point in waiting until the 300 year mark! Personally, I must confess that his birthday celebration sort of slipped up on me as well. Thus chastised, I immediately went to the piano to begin playing through all of his piano sonatas as well as other works.

But what about music for handbells? How many original pieces for handbells did Mozart write? Very little; in fact, none. There are some works of his that were meant to be played on the clock tower bells in Salzburg. However, the handbell catalog I searched listed 46 different arrangements of Mozart's music from an Adagio to Waltz of the Toys. If you direct or ring exclusively in a church situation there are many sacred works including works from several of his Masses, the Alleluia from Exultate, Jubilate and from his motet, Come Holy Spirit. There are several arrangements of his popular Ave Verum Corpus. Some of his secular pieces can also be adapted to a worship service by adding scripture or hymn text readings to the playing. Community and school ensembles or church ensembles looking for secular works will find an abundance of choices.

Often times in our enthusiasm to perform either original works or the latest handbell arrangements (and choral people do this as well), we overlook the great works by the masters of the composing art like Mozart. Some of the handbell world's excellent arrangers like Martha Lynn Thompson, Jim Meredith, Bill Griffin, and Arnold Sherman have kept us connected to the "great" ones.

There is no substitute for great works of music. The emotions expressed are universal, offering a welcome release to our often chaotic lives. In the genius of their creation, they present a painstaking ordering that is analogous to the basic themes of our lives which are prone to endless variation through inversion, augmentation and diminution.

Many years ago the great theologian Karl Barth wrote a letter to Mozart thanking him for reordering and enlarging the world: My dear Mozart:

What I thank you for is simply this: Whenever I listen to you, I am transported to the threshold of a world which in sunlight and storm, by day and by night, is a good and ordered world. Then, as a human being of the twentieth century, I always find myself blessed with courage (not arrogance), with tempo (not exaggerated tempo), with peace (not slothful peace). With an ear open to your musical dialectic, one can be young and become old, can work and rest, be content and sad; in short one can live.

My encouragement: listen to and play Mozart or any of the great composers and heal and refresh your body and soul. - Dave Ruder

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Contact: Micki Mennet-Martin socal@areaxii.org

### Ringers' Workshop

October 14, 2006
Bill Waggener, Clinician
First Congregational United Church of Christ
3041 N. Sierra Way, San Bernerdino, CA
Contact: Shirley Heckman lametro@areaxii.org

### Directors' Workshop

October 21. 2006
Lee Waggener, Clinician
Point Loma Presbyterian Church
2128 Chatsworth Boulevard, San Diego, CA
Contact: Micki Mennet-Martin socal@areaxii.org

<u>2006 Spring Rings</u>

### **Inland Empire Spring Ring**

April 29, 2006
Lee and Bill Waggener, Clinicians
All Saints Episcopal Church
3847 Terracina Drive, Riverside, CA
Contact: Jean Will rsandjt@juno.com

### Sierra Spring Ring

May 6. 2006
Carson Middle School
1140 W. King Street
Carson City, NV
Contact: Barb Walsh nevada@areaxii.org

# $\underline{\underline{B}}\text{ells }\underline{\underline{E}}\text{clectic }\underline{\underline{L}}\text{ively }\underline{\underline{M}}\text{usical }\underline{\underline{O}}\text{utreach }\underline{\underline{N}}\text{oteworthy }\underline{\underline{T}}\text{alent}$ $\underline{\underline{C}}\text{himes }\underline{\underline{O}}\text{riginal }\underline{\underline{N}}\text{otes }\underline{\underline{C}}\text{lassical }\underline{\underline{E}}\text{nergetic }\underline{\underline{R}}\text{everberate }\underline{\underline{T}}\text{eamwork }\underline{\underline{S}}\text{wing}$

### Velocity and Sonos

The final two concerts at the Belmont Conference will feature VELOCITY Handbell Ensemble and SONOS. VELOCITY is a San Francisco Bay Area non-profit community ensemble of highly energetic, talented, handbell ringers dedicated to performing music at the highest degree of excellence. This year they took on the challenge of playing quartet music. Currently VELOCITY is Joel Gingrich, P.L. Grove (Artistic Director), Jeannie Schwartz, and Cyndi Tully, some of the most experienced ringers on the West Coast. Velocity's latest program-Vintage and Vogue- puts forth a first half of nothing but classical music, followed by a second half of nothing contemporary music. For their Belmont concert, Velocity will be performing the second half of it's Vintage and Vogue program which premieres original compositions by Joel Gingrich, P.L. Grove, William Kyle. and Susan Nelson-Sylvester. This will be a non-stop musical experience woven together by prerecorded interludes.

If you haven't seen Velocity before you are in for a real musical treat. Here are some quotes from handbell people who have seen Velocity perform.

"The whole ensemble just blazed with personality and energy...If you get a chance to see Velocity..do it! They're unique, and they're MAGIC!"....Tammy Raetz

"fresh, unique, beautifully performed, and fascinating. These are some of the best and most experienced ringers on the planet, motivated by the sheer joy of ringing at a superior artistic level."...Nancy Hascall

### "GO SEE VELOCITY!"...Jason Wells

The artistic and innovative SONOS HANDBELL ENSEMBLE, San Francisco's foremost ringing sensation, will mesmerize you with their talent, excellence, and musicality at the final community concert on Saturday evening. They have uplifted audiences across the country and abroad with their performing excellence and have been at the forefront of handbell artistry since its founding in 1990. They extended handbells beyond the church environment into the musical mainstream by performing with symphony orchestras, performing in major concert series, and collaborating with other well-established performing ensembles such as Kronos, Frederica von Stade, and Pusaka Sunda gamelan orchestra. They have performed the best transcriptions and original material available today

and have advanced the musical genre of handbells by setting the highest standards of musical performance.

James Meredith, Sono's artistic director since its inception, brings a high standard to his work with handbells. A native of North Carolina, he received his B.A. degree from U.N.C at Chapel Hill and Masters of Fine Art from Tulane University. Mr. Meredith is well known in the classical community where he has been a musical partner with mezzo soprano, Frederica von Stade and soprano Oliva Stapp. He is the author of many arrangements and transcriptions performed by Sonos and CEO of Meredith Press which publishes advanced music for handbells.

When asked what Sonos most memorable concert experiences were, Jim replied that three tie for that honor. 1) Our first appearance on Garrison Keillor's "A Prairie Home Companion" in Hill Auditorium at the University of Michigan in Ann Arbor playing to an audience of 4000 plus a couple of million just listening in on their radios! 2) Premiering Grammywinning Libby Larsen's "Hell's Belles" with Grammywinning mezzo-soprano Frederica von Stade. 3) Premiering virtual reality pioneer Jaron Lanier's "Navigator Tree" with San Jose Taiko drummers and Pusaka Sunda gamelan orchestra for broadcast taping by a PBS film crew.

Sonos passion for handbells will come shining through when they perform their "American Tints" program - America's contribution to great seriousand not so serious- music for you. From William Billings' "Continental Harmony" to Leonard Bernstein's Broadway it will be a foot-stomping and horn tootin' evening including musical spoons and train whistle. Special feature will be Kathie Fink Hein, who will be making her farewell appearance with Sonos, in a performance of her signature solo, "I Left My Heart in San Francisco". Other members of Sonos performing in this concert include Michele Sharik, Tess Houston, Lois Kail, Jason Tiller, Cheryl Baker, Kathie Fink-Hein, Adam Miller, Melissa Rossi, Melissa Vainio, JP Vainio, Rebekah Hahn, and Taiko Otsubo from Japan.

I'd like to thank Jim Meredith and Pam Grove for their contribution of information about their ensembles for this article. As you can see, we have SIX EXCELLENT CONCERTS to look forward to at Belmont. See you there!!! - Carol Smith, Concert Coordinator

# The Area XII Ringers Conference 2006



# Fred Gramann

## Conductor

June 23 - 25, 2006

# Young Ringers Conference 2006 Shosh Meyer, Conductor

June 22 - 23, 2006

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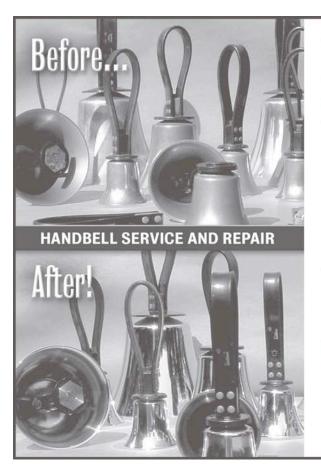
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- Are handles and handguards worn or difficult to read?
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## The Twelfth Tone

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### A NOTE FROM THE KEYBOARD

What have you done for Area XII lately?

In the process of traveling around Area XII in the last couple of years to participate in workshops, Spring Rings, and the like, I have been delighted with the quality of leadership I've observed at the very local level. Local leadership usually doesn't spring from nowhere but rather develops over time. It doesn't develop in isolation, either, because most people need a little help and encouragement to attempt something they've never done before.

In many places, I see the same local leadership, season after season. That isn't necessarily a bad thing - organizing an event multiple times leads to refinements and improvements that only the perspective of previous attempts can provide, and those refinements and improvements may not involve correcting mistakes but rather seeing an even better way to do something that's already being done well.

The downside of having the same local leadership responsible year after year is that after a while, people can burn out, find themselves with other conflicting responsibilities, or leave the area - which could have a severe impact on those local activities. Changes such as these are inevitable, but preparing for those eventual changes is something we all need

to share. Sharing the wealth is a very altruistic concept; however, sharing the wealth of responsibility also means sharing the wealth of the rewards that come from doing something for others and doing it well.

If you haven't done so in the past, I would urge you to find some way to participate in the planning and presentation of some handbell event in your immediate environs. The next time you attend a nearby workshop, seek those in charge and offer your services, your facility, your ringers as helpers. The old saw about "...many hands make light work..." really does apply, especially when herding bell cases, tables, chairs, foam, and people from place to place. By doing so, you will learn a great deal about how to host a similar affair yourself.

If someone asks for your assistance, find the time to be able to say "Yes." Better yet, don't wait to be asked - surprise someone by volunteering! To a very large extent, the perpetuation of handbell ringing is heavily dependent on volunteerism - and Area XII is no exception. In fact, having local events in the future may be dependent on your willlingness to volunteer your assistance today.

William L. Waggener Editor